



CONFIDENTIAL PATIENT INFORMATION

Full Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone #: () _____ Cell Phone #: () _____

Email Address: _____

Birth Date: _____ Sex: M F Birth Gender (circle): M F

Race (ie: White, Asian, African American): _____ Hispanic or Latino: ___ Yes ___ No

Marital Status: ___ Single ___ Married ___ Widowed ___ Separated ___ Divorced

Name of Emergency Contact: _____ Phone: _____

Relationship to Patient: _____

Primary Care Physician: _____ Phone: _____

How did you hear about our office? _____

Appointment Reminders? ___ Voice Home ___ Voice Cell ___ Text ___ Email ___ None

Present Symptom(s) that you have: _____

When Symptoms Started _____ How Symptoms Started _____

Severity of Pain from 1 (mild pain) to 10 (severe pain) _____

What is your pain/condition holding you back from doing (ie. Sleeping, exercising, traveling)?

What relieves your symptoms? _____

What makes your symptoms worse? _____

At what time in your life did you feel your best? _____

Please list all **known DRUG and FOOD allergies**:

Drug Name and/or Food:	Reaction:
_____	_____
_____	_____
_____	_____



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List **ALL** medications & supplements you take (prescription & over the counter)

Drug Name:	Dosage:	How long have you taken & for what conditions?
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Check **ALL** medical conditions that you may have had or currently have now:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> ADD/ADHD | <input type="checkbox"/> Depression | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Miscarriage |
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Diabetes | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Allergy | <input type="checkbox"/> Eczema | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Parkinson's |
| <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Emphysema | <input type="checkbox"/> High Blood Sugar | <input type="checkbox"/> Pneumonia |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Epilepsy/seizures | <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Raynaud's |
| <input type="checkbox"/> Appendicitis | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Irritable Bowel | <input type="checkbox"/> Rheumatoid Arthritis |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Gall Bladder | <input type="checkbox"/> Kidney Stones | <input type="checkbox"/> Ringing in ears |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Goiter | <input type="checkbox"/> Low Blood Pressure | <input type="checkbox"/> Sinus Infection |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Gout | <input type="checkbox"/> Low Blood Sugar | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Celiac Disease | <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Lyme Disease | <input type="checkbox"/> Thyroid Problems |
| <input type="checkbox"/> Chronic Fatigue | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Lupus | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Migraine | <input type="checkbox"/> Vertigo/Dizziness | | |

Other: _____

Please list all previous surgeries & dates:

Alcohol use? Yes / No Amount _____ Daily / Weekly / Socially

Tobacco use? Yes / Never / Former Smoker PPD _____ How many years? _____



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Please check all symptoms that you currently have:

- Fatigue
- Aches & Pains
- Cold hands & feet
- Decreased sweating
- Excessive sweating
- Need excessive sleep
- Weight Gain
- Depression
- Losing scalp hair
- Dry skin
- Mental Slowness
- Constipation
- Diarrhea/IBS
- Acne
- Back Pain
- Frequent nausea
- Heart palpitations or rapid rate
- Nervousness, anxiety or panic attacks
- Weight loss, can't gain weight
- Difficulty falling asleep
- Difficulty staying asleep
- Hypoglycemia, must eat frequently
- Frequent colds and other infections
- Low blood pressure, light headedness
- Low tolerance for stress, slow recovery
- Salt cravings
- Sugar cravings

Females Only:

- Date of last period _____
- Heavy blood flow
- Irregular periods
- Breast swelling, tenderness or cysts
- PMS
- Swelling of face, fingers or ankles
- Infertility
- Hot flashes or night sweats
- Moodiness, cries easily
- Painful intercourse
- Vaginal dryness, pain or itching
- Dry or irritated eyes
- Disinterest in sex
- Facial hair growth
- Currently pregnant
- Current or past hormone therapy:

Males Only:

- Apathy, low motivation
- Decreased physical stamina
- Loss of muscle mass or strength
- Joint stiffness
- Moodiness, irritability
- Decrease in libido
- Few or no spontaneous AM erections
- Prostate enlargement
- Increased fat around waist and hips



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Please list your top 3 major health concerns in order of importance:

1. _____
2. _____
3. _____

AUTHORIZATION & NOTICE OF PRIVACY PRACTICES

I understand that my private healthcare information is protected under HIPAA Privacy Regulations.

*May we leave a message for you on your answering device? Yes _____ No _____

I fully understand that my signature is consent and authorization to be examined by the Center for Wellbeing medical team.

Patient Signature _____ Date _____



Cancellation and No Show Policy

We understand that situations arise in which you must cancel your scheduled appointment. It is therefore requested that if you must cancel your appointment you provide a 24 hour notice. Appointments which are cancelled within less than 24 hour notice may be subject to pay the full balance owed at the time of cancellation. Cancellation and no show fees are the sole responsibility of the patient and must be paid in full before the patient's next appointment.

We understand that unavoidable circumstances may cause you to cancel with less than a 24-hour notice, fees may be waived upon management approval.

Our practice firmly believes that good physician/patient relationships are based upon understanding and good communication. Questions about cancellation and no show fees can be directed to the front desk at (603) 380-9159.

Please sign that you have read, understand and agree to this cancellation and no show policy.

Patient Name (Please Print)

Date

Signature of Patient

Date